

Meet the Speakers for the June 6, 2025 Program

Listed in Session Presentation Order

9:15 AM – Critical Incident Stress Management (CISM)/Peer Support



Captain Todd Hill is a twenty-nine-year veteran of the Oakland County Sheriff's Office, serving the Commander of the Homeland Security, Wellness & Professional Development Division. Captain Hill implemented the agency's CIT (Crisis Intervention Team) program in 2015 and the agency's Peer Support Team in 2017. He also oversees the Training Unit, Force Analysis Unit, Crisis Response Unit, the Comfort K9 Program, and he is K9 Cali's Handler. Captain Hill served with the United States Marine Corps for over 4 years, deploying to Saudi Arabia and Somalia, Africa in the early 1990's. He has earned a Bachelor of Science in Criminology, a Master's Degree in Information Security, and a Doctoral Degree (Ed.D.) in Organizational Leadership. Captain Hill is a graduate of the Northwestern Staff & Command, and the FBI National Academy.



Deputy Casey Crampton is a fourteen-year veteran of the Oakland County Sheriff's Office, serving the agency's full-time Peer Support Deputy. Casey previously served with the Pontiac Police Department for more than 16 years before coming to the Sheriff's Office. Deputy Crampton assists with Field Training of new deputies, is a CIT (Crisis Intervention Team) Facilitator, coordinates Comfort K9 details, and is an instructor/subject matter expert in a variety of other areas, including mental health. Deputy Crampton has a Bachelor Degree in Business and is K9 Scarlett's handler.



Deputy Robert Smith is a nineteen-year veteran of the Oakland County Sheriff's Office, serving on the agency's Peer Support Team (fulltime) through the Oxford AEAP (Antiterrorism and Emergency Assistance Program) Grant. Rob previously served with the Pontiac Police Department for five years and Flint Police Department seven years before coming to the Sheriff's Office. Deputy Smith is an instructor in CIT (Crisis Intervention Team), Officer Wellness, SAFLEO, and other various areas. Deputy Smith has an Associate's Degree in Criminal Justice



Deputy Bryan Pasini is a twenty-five-year veteran of the Oakland County Sheriff's Office, serving on the agency's Peer Support Team (fulltime) through the Oxford AEAP (Antiterrorism and Emergency Assistance Program) Grant. Deputy Pasini is an instructor in CIT (Crisis Intervention Team), Officer Wellness, SAFLEO, and other various areas.



Captain Colleen Hopper has served with SHPD since 1997. She has served in various capacities in the department and has been a member of the Crisis Negotiation team since its inception. She also served as the Police Explorer Coordinator for the department for 25 years. Captain Hopper has a Bachelor's Degree from Central Michigan University and an Associate's Degree from Macomb Community College. Captain Hopper is a graduate of Northwestern University School of Police Staff and Command and Macomb Community College Center for Police Management and Leadership Studies. She was promoted to the rank of Captain on October 13, 2017. Captain Hopper along with retired Lt. Davide Guerra worked together to establish the Sterling Heights Police Department Peer Support/CISM team in 2019 which now has18 members.



11:00 AM – Impact of Stress



Traci Smith is a professional with over twenty-five years of successful experience in leading and managing human service professionals. Her professional experience includes oversight of large regional workforce programs, operational management of community-based services, and career and academic counseling. As a compassionate goal driven professional, she found her passion in helping organizations and individuals discover and maximize their strengths.

Prior to joining MCCMH, Traci was a Regional Director for a national workforce development company. As a Regional Director she managed locations throughout the eastern US leading multiple senior leadership teams. In 2016, Traci joined Macomb County Community Mental Health (MCCMH) as its

Chief of Staff. As the Chief of Staff, she had the privilege of leading MCCMH's talent engagement initiatives for its 500 team members. In 2022, Traci began her work as MCCMH's Chief Operations Officer overseeing MCCMH's operations supporting the MCCMH CEO and Board of Directors. Traci now serves as the Chief Executive Officer (CEO) for MCCMH.

Traci has a Bachelor of Arts degree in Psychology from the University of Michigan – Dearborn and a Master of Arts degree in Counseling from Oakland University. Some of her other professional development includes graduate level training in Career Development Facilitation and being a certified Mental Health First Aide Trainer.

As a resident of Macomb County, you may find her at the local hockey rink supporting her husband and son.



Agnes Ward, PhD, LP, CAADC, BCBA, LBA: Dr. Ward is a Licensed Psychologist, Certified Advanced Alcohol and Drug Counselor, and Licensed Behavior Analyst. She is the Chief Clinical Officer at Macomb County Community Mental Health (MCCMH), which provides a wide variety of mental health treatment and support services to adults and children with mental illness, developmental disabilities, and substance abuse treatment needs.

As the leader of the first Trauma Informed Care Committee, she facilitated MCCMH in becoming a trauma informed system of care. She provides consultation to agencies seeking to become trauma

informed, and has advised on process, procedures, as well as physical space/aesthetics to foster a safe environment for individuals served.

Dr. Ward conducts a variety of trainings and educational workshops to clinical professionals, educators, and community groups on the effects of trauma across the lifespan, implementing a trauma informed system of care, eating disorders, human trafficking, and self-injury. She is a National Trainer for Mental Health First Aid, a course designed to give individuals the tools to assist others who may be developing a mental illness, or a mental health or substance abuse crisis. She has served as a content expert to local newspapers and media on a variety of mental health topics.

Dr. Ward is the author of Your Personality and You Journal: Prompts and Practices to Better Understand Yourself, Reflect, and Grow. This journal can help anyone trying to make meaningful changes in their life, overcome obstacles, or increase self-love. The exercises, prompts, and practices are designed to put advice into action and help readers on their journey of self-discovery and growth. She is the co-author of *Luke and Lily's Jungle Journey*, a children's book that helps parents foster discussion on a number of important lessons in their children such as helping others, overcoming obstacles and fears, promoting friendship, and realizing that things may not always be what they seem.



Anne Bicego LPC, CAADC, CCS: Anne Bicego is a Licensed Professional Counselor with fifteen years of experience in community mental health services. She is a certified Adult and Youth Mental Health First Aid Trainer, a Certified Advanced Alcohol and Drug Abuse Counselor, and a Certified Clinical Supervisor.

Anne joined MCCMH in 2020 to provide administration of the Substance Abuse and Mental Health Services Administration's Certified Community Behavioral Health Expansion Grant for MCCMH and supervision to the CCBHC's clinical team. In 2021, when MCCMH was given the opportunity to participate in the State Demonstration expansion of CCBHCs, Anne facilitated the certification process and Macomb CCBHC became one of thirteen Michigan CCBHCs. She also represents MCCMH on the Healthy Macomb Advisory Committee, contributing to community health assessment and improvement efforts.



1:00 PM – How to Navigate Employee Mental Health Crisis



Trisha Zizumbo, MSA, CHES®: As the Chief Operating Officer (COO) for Oakland Community Health Network (OCHN), Ms. Zizumbo leads OCHN's operations, programs, and services. As part of the executive leadership team, Zizumbo plays a vital role in shaping and advancing the organization's goals, mission, and future. She will also actively participate in local, state, and national workgroups.

Ms. Zizumbo joined OCHN in October 2018 and has since actively engaged with providers and community partners to identify ways in which OCHN can collaborate with county leaders and residents. Prior to serving as COO, Ms. Zizumbo was the Director of Training and Justice Initiatives at OCHN. In addition to overseeing these departments, she has led several initiatives to enhance OCHN's mission and vision, such as the Inclusion, Diversity, Equity, and Accessibility

(IDEA) workgroup, Crisis Intervention Team (CIT) Training, Critical Incident Stress Management (CISM), Behavioral Threat Assessment and Management (BTAM), and more.

Formerly, Ms. Zizumbo worked for the Oakland County Health Division, Oakland County Children's Village, and Ionia County Health Department. Zizumbo is a Certified Health Education Specialist (CHES®). She holds a Master of Administration (MSA) and a Bachelor of Science (BS) in Health Education and Spanish, both from Central Michigan University.



Vasilis K. Pozios, MD, DFAPA, is a physician who is board-certified in general and forensic psychiatry, receiving his undergraduate and medical degrees from Tufts University and completing his residency training in general psychiatry at the University of Michigan. Dr. Pozios was trained in forensic psychiatry at Case Western Reserve University.

Dr. Pozios is a strong advocate for reducing the stigma associated with mental health and substance use disorders and has consulted with governmental agencies, media outlets, and non-profit organizations on the relationship between mental illness, violence, and popular culture and its impact on stigma. His interest in violence risk assessment, mental health and the media, mental illness stigma, and ethical issues related to public safety is reflected in both academic and popular publications such as The New York Times, Wired, The Hollywood Reporter, and The Daily Beast.

As an American Psychiatric Association Spurlock Congressional Fellow, Dr. Pozios was honored to work with the Chair of the United States House of Representatives Committee on the Judiciary on the Mentally III Offender Treatment and Crime Reduction Reauthorization and Improvement Act of 2008, the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008, and "Medicare for All" legislation.

Dr. Pozios serves as Chief Medical Officer of Oakland Community Health Network. He has treated children, adolescents, and adults in various settings, including the psychiatric emergency department and correctional and forensic facilities. He is a past president of the Michigan Psychiatric Society and the Immediate Past-Speaker of the Assembly of the American Psychiatric Association, where he also served on the Board of Trustees.